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FAMILY WEEKEND

21



Heartspring +



EPSILON SIGMA ALPHA

Outpatient Services Families' Schedule

Friday, October 1

Parent Training Sessions – Conference Center Auditorium

8:30-9:30 a.m.

Coffee with Karina

An informal time to enjoy coffee from Caffeine Connection, mingle with other families, and meet Heartspring's President & CEO Karina Forrest-Perkins. Caffeine Connection is a fully functioning coffee shop, ran almost exclusively by Heartspring students, offering \$1 coffee and \$2 lattes with various flavors to choose from.

9:30-9:45 a.m.

Welcome & Updates

9:45-10:45 a.m.

Body Positioning Training

Shem Hatfield, Director of Training & Development

10:45-11:45 a.m.

Acceptance & Commitment Therapy (ACT) Training

Lacy Cary, BCBA

11:45 a.m. to 1:00 p.m.

LUNCH BREAK – On Your Own

1:00-4:30 p.m.

Team Meeting

Schedule a 30-minute meeting with your child's team. You will be notified via email with confirmation of the time and location. Contact Outpatient Scheduling for any follow-up questions at outpatientscheduling@heartspring.org or 316-634-8701.

4:30-5:30 p.m.

FREE TIME

5:30-8:30 p.m.

Come & Go Parent Mixer for all Heartspring Families – Conference Center

Enjoy beverages and music. ADULTS ONLY due to alcohol being served.

Saturday, October 2

Noon to 5 p.m.

Family Photo Shoot – Outpatient Services Lobby

Families can sign up for a 15-minute photo shoot. This must be done through the SignUpGenius link. Families will need to bring their own labeled flash drive to receive photos. **Sign up here:** <https://bit.ly/3hGDA67>

Note: Flash drives will be available for pick-up at the Heartspring Outpatient front desk approximately 3-4 weeks following the event. You will be contacted when these are ready for pickup.

Continued >

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Outpatient Services Families' Schedule

Sunday, October 3

ALL DAY

Enjoy Wichita activities and events on your own.

Visit Wichita

www.visitwichita.com

Wichita Riverfest

www.wichitariverfest.com

Sedgwick County Zoo

www.scz.org

Tanganyika Wildlife Park

www.twpark.com

Exploration Place

www.exploration.org

Botanica, The Wichita Gardens

www.botanica.org

The Alley

www.thealleywichita.com

Chicken N Pickle

www.chickennpickle.com/wichita/

All Star Sports

www.allstarwichita.com

Pumpkin Patches

Applejack Pumpkin Patch: www.applejackpumpkinpatch.com

Walters' Pumpkin Patch: www.thewaltersfarm.com